



CANICROSS RULES

Sunday, 9th February 2025

The following rules are in addition to the rules laid out by Race Harborough for their running events:

- Dogs must be at least 12 months old to be able to compete in a canicross event.
- Please ensure that both you and your dog are wearing appropriate, well-fitting kit, and that your dog is wearing a suitable harness. No dogs will be able to run on a lead and collar.
- Pregnant dogs are not permitted to compete.
- Reactive dogs are permitted to compete. Any competitor competing with a reactive dog must make the organiser aware.
- No headphones are allowed.
- If you are overtaking another runner/dog, please call out early, and let them know which side you are passing on. If you are a person being passed, please move over to allow the overtake.
- You must clean up after your dog. There are bins provided throughout the park.