Distance:	Instructions:
0km	<ul> <li>From the start, follow the road alongside Winwick Hall, bearing left after 50 yards.</li> </ul>
0.3km	<ul> <li>Turn left at the T-Junction signed 'West Haddon gated road'.</li> <li>Continue past the alpaca field and through the gate onto the road which crosses the sheep field.</li> </ul>
1km	<ul> <li>After passing through the next gate, turn 45° left onto the footpath which crosses the field. Cross over the main farm track and continue up towards the hill. Pass through two kissing gates and underneath the A428.</li> </ul>
1.9km	<ul> <li>Through a kissing gate into the cow field. Keep to the right hand side of this field until you reach the kissing gate at the far side. Cross through this kissing gate and continue straight on, following the track round onto the main road through West Haddon.</li> </ul>
2.5km	<ul> <li>Turn left once you reach the road. Take the first exit at the first mini roundabout. Turn right onto Old Forge Drive at the next mini roundabout. Follow Old Forge Drive through the housing estate, taking the footpath which runs to the right of house #73.</li> </ul>
3.3km	<ul> <li>Head out through the playpark and take care crossing the A428.         Once you reach the field on the opposite side of the road, turn left and keep to the edge of the field. At the opposite end of the field, pass into the next field and turn right. Run to the very bottom of the hill (running past two more fields) and then turn left with the field edge to your right hand side.     </li> </ul>
4.4km	Take the bridge crossing on your right. Go through the kissing gate and turn to the right. Run along the edge of the field until you reach another kissing gate. Head through and turn to the right again.
4.8km	At the far end of the narrow path, cross the bridge (minding your head!) Turn right and run along the edge of the fields. The one you came out part-way along, and two more.
5.7km	<ul> <li>Once you reach the final field, take the footpath which is at a 45° angle to your left. This will bring you out at the far end of the field at a bridge. Cross the bridge and continue straight up the hill in front of you.</li> </ul>
6.2km	<ul> <li>After passing an old barn, bear left and then right, onto a hardstanding track. Follow the track as it heads steeply downhill, then back uphill, followed by another small downhill. Where the main track bends to the left, continue straight on, using the field edge. This will bring you out onto the road, where you need to turn right.</li> </ul>
7.2km	At the T-Junction, turn right towards Ravensthorpe. Bear left at the grassy triangle, past Coton Manor Garden Car Park. Turn left at the next grassy triangle.



8.5km	At the crossroads, head over the stile directly opposite the road you have come from. Cut across the field to run down the right hand side of the field to the very bottom. Take the stile to the right and then cross the following field to reach another stile. Turn left after the stile and run down to Hollowell Village Hall where Checkpoint 1 is based.
9.1km	<ul> <li>Continue running past CP1 and turn left once you reach the road.</li> <li>Take the road to the right at the bottom of the hill, past The Green with the thatched clock tower.</li> </ul>
9.7km	<ul> <li>Follow the road up the slight hill. Where the road bends to the right, take the footpath to the left of the playpark. At the top of this footpath, take great care crossing the Welford Road.</li> </ul>
10.6km	Cross the stile at the other side of the road, continue across the field and then go through the following kissing gate. Run across the following field. At the far side you will go through another kissing gate, over a bridge, cross the track and then over another stile.
11.1km	Turn 45° to the right, cutting off the bottom of the field and then running along the hedgeline. At the bottom of the field, cross the bridge and stile and turn left. Cross another stile into the sheep field. Follow the hedgeline, heading to the right of the house by the road.
11.9km	Head through two gates out onto the road and turn right, following the road through Cottesbrooke. Take the left turn signed to Brixworth.
13.3km	Turn left onto the byway by some barns. Follow the track towards a small wooded area. Once you reach the woods, take the right turn and continue to follow the track until you reach a small car park on the Brampton Valley Way.
16.5km	<ul> <li>Turn left onto the Brampton Valley Way. Follow the Brampton Valley Way for approximately 5.3 miles, taking care when reaching the Spratton, Lamport and Draughton road crossings. Checkpoint 2 can be found part-way along this stretch, near to the Kelmarsh Tunnel car park.</li> </ul>
24.9km	<ul> <li>Once you reach the footpath sign marking Clipston as being 1½ miles, leave the Brampton Valley Way. Head down through the gate and turn right towards Arthingworth. Pass through two gates, keeping to the grassy track at the right of the field. Cross through another gate, bearing slight left across the field, passing a disused barn. Pass through another gate into a field. At the far side of this next field, cross the footbridge and continue up the following track until you reach the road.</li> </ul>
26.6km	Turn left at the road, taking the footpath to the right almost straight away. Go through the gate and continue along the footpath, across a bridge and continue straight up alongside the edge of the field.



28.2km	<ul> <li>Turn left, just before the Private Land sign, heading through the hedge and into the next field. Turn right into this field and run along the field edge. Continue into the next field along, heading slight left, up the hill through the edge of the field, heading towards the trees which stick out into the field. Pass these trees on the right, and continue to the end of the field. Cross over into the fields alongside, and take the footpath through the edge of the furthest field.</li> <li>Cross the road at the top and then continue along the footpath on the other side. This footpath will eventually turn into a road. Follow the road until you reach the junction, turning right up Griffin Road. Turn left down School Lane, then right at the junction signposted Desborough 2½.</li> </ul>
31.3km	After the run down barn, take the next footpath on the left hand side of the road, signposted Jurassic Way. Follow this footpath slightly right across the field, crossing the bridge at the far side, with a second bridge to your left. Cross the next field, and turn right, following the hedgeline until you come to a kissing gate. Pass through the kissing gate and underneath the railway bridge. Cross the stile at the other side and then head towards the top end of the car park at the far end.
32.1km	• Exit the car park and cross over the road, through the metal gate labelled 'Braybrooke Lodge'. Take the stile to the left of the next gate and follow the Jurassic Way signs to the left of the menage. Cross over the electric fence to your left and continue up the hill between the horse paddocks. Cross the stile and head up the hill through the gap in the hedge directly opposite. Cross over the double stile and across the field to your right. Through the gate and over the A6, taking great care as this is a busy road.
32.9km	• Continue onto the footpath beyond the A6, following it round to reach the road where you should turn left. Turn right at the stile, signposted Jurassic Way/Macmillan Way and continue along the edge of the field. Cross over a double stile and keep to the left of the next field, crossing straight through the middle of the final field, crossing a stile into the wood opposite. Continue through the wood and out the other side, taking the grassy verge and then the small alley to the right at the bottom of the field edge. Cross the next field to the opposite diagonal corner of the field. Follow the next field round to the right, crossing the stile and into woodland. Cross two bridges and the gate at the far side, following the Jurassic Way sign up over the hill and over the double stile. Turn left in the next field and go through the gate at the edge of the field. Pass through another field, over a stile and over one last field, turning right at the far side and following the footpath signs alongside the hedgerow towards the barn. Turn left just before reaching the barn and take the stile down towards the road, taking care on the uneven steps.



36.7km	• Cross the road to stay on the pavement and turn left. At the junction, go straight over and continue down the road, crossing over towards the church when you reach the grassy triangle at the bottom. Checkpoint 3B will be alongside the church. Take the footpath to the left of the church, crossing a stile and going through a gate. Mind your head when crossing the bridge as there is a low tree across it. Follow the field edge round to your right, crossing the bridge when you reach it. Cut a slight corner off the bottom of the next field, heading towards the large pylon. Cross into the next field and bear left, crossing the corner of this field also and taking the bridge. Head straight up the hill the other side. Head through the gap at the top, taking the footpath to the edge of the field and continuing straight on. Head over the stile at the end into the field, crossing to the other side where you will go over a stile, across a bridge and over another stile to the left of the large tree. Cross another field, over the bridge and head up the hill, taking the stile at the top. Keep to the right hand side of the field, taking the gate at the bottom to the right of the house.
40.1km	After passing the house, bear slight left along the grassy track.
	Cross the stile and stick to the bottom edge of the field, passing through the large gate, followed by a small gate and turning left. Pass through a kissing gate and continue straight on. Through another kissing gate, a bridge and follow the footpath to the left of the house. Cross the drive and out of the gate at the other side. Cross straight over the road and onto the footpath at the other side. Follow the track, crossing a footbridge and bearing slight left across the next field. At the old fashioned sign turn right towards Weston by Welland, passing through a gate into a cow field. Pass through another gate and continue straight on to the far end of the next field, turning right just before the bottom and running along the bottom edge. At the far corner step over the wire and pass through the gate. Take another gate into the sheep field and bear right towards the houses. Pass through three more gates until you reach the road.
43.5km	• Turn right at the road and then turn left past the phone box. At the junction turn left, turning right just past The Wheel & Compass and following this road for approx. 1.5 miles. Head straight over at the crossroads, onto the byway beyond, following this until you reach the road. Turn left at the road. Turn right through the gateway and run along the edge of the field, through the gate at the top and across the next field and through the gate. Take the gate to the right at the top of the hill and cut across the middle of the field, taking the slope down towards the gated bridge and up through the alleyway between the houses.
49.2km	<ul> <li>At the road go straight across onto The Cross and along the High Street, turning right down Horn Lane. Checkpoint 4 is at Stenning</li> </ul>



	Hall on the left hand side, halfway down the road. Head back down Horn Lane the way you came in, turning right onto the High Steet, and then turning left at the end of the road. Follow the footpath round past The Fox Inn. Take the next stile and footpath to your left, just past the final house. Cross the field, over a stile, through another field and over the double stile, heading through the horse field and out onto the next footpath through the gate. When the hedgerow splits down the middle of the path, take the right hand side and head through the gate and down the hill through the field. Once you hit the track, turn left.
52km	<ul> <li>Head past the old disused cattle grid and bear right across the field, joining the dirt track at the far side. Head through the gates and middle of the farmyard, taking the path to the right and turning right onto the road. Head straight over the crossroads along Hallaton road into Tugby, taking the footpath left through the village green and following the road down past the allotments and village hall.</li> </ul>
55.5km	• Take the gate to the right of the village hall and head straight down the track and through the gate at the bottom, following the grassy track beyond. Cut across the end of the field diagonally and cross the footbridge into the woodland. Turn right once over the bridge and then take the left fork in the path, following the field edge and turning left across the middle of the field by the footpath signpost. Take a slight right through the next field, heading through more woodland the other side and a gate at the bottom of the hill. Follow the bottom of the field and through the gate, continuing along the track. Through another gate and turn right onto the hardstanding (signposted Rolleston). Head through the gateway and onto the road over three speedbumps and onto the road at the end, turning right (signposted Skeffington). Follow this road over the gated road and out the other side. Cross two bridges and turn left over the stile into the field (signed Public footpath to Billesdon).
59.7km	• Follow the hedgerow to the right until you reach a stile into the horse field. Head directly across the field and cross the stile the other side. Take the furthest field on the right, and follow the footpath along the tram lines heading towards the bottom of the field. At the bottom edge of the field take the narrow alley over the footbridge and through the woodland, taking another bridge and gate out at the far side. Cross the field and turn right, following the edge of the field and heading through the gate at the top. At the far side of this next field take the stile, go across the road and over the stile on the other side.
61.2km	<ul> <li>Cross through the middle of the next two fields, with a stile in between them, and head through the gate between the houses.</li> <li>Follow the path down onto the road, turning right at the bottom.</li> <li>Follow this road past the church until you reach The Queens Head.</li> </ul>



	Turn left at the footpath sign just past the pub. Checkpoint 5 is at the bottom of the pub car park on the left. Follow the alley back out to the left, through the kissing gate and across One Acre Field.  Through another kissing gate at the far side. Follow the footpath through a series of small fields (field, kissing gate, field, gate, field, gate, footbridge, gate). Head along the track, minding your head.  Over another footbridge, with a gate at the far side. Bear right around the edge of the field, over the stile, footbridge and steps up the other side. Bear right around the next field edge, turning left to cut off the bottom corner of the field. Over the footbridge at the other side and through into the next field. Into the next field and once again turn right around the edge. Cut across the bottom corner of the field and through the gap in the hedge. After the next field turn right onto the road, and follow for some way, heading through Gaulby past the church.
65.4km	Go straight over at the crossroads, and follow the road into Kings Norton, turning left and heading past the church. Take the next footpath to the right, through the cow field. Cross the field and over the stile the other side. Cross another field and then a double stile. Cross one more field and through the gate and over the footbridge at the other side. Cross the next field, over the stile and turn right to cross another stile onto the byway. Turn left onto the byway, crossing the metal bridge and following the footpath to the right, sticking to the edge of the field. Take the gate through the gap in the hedge, once again following the field edge. At the bottom corner of the field take the footbridge and narrow alley, then the gate into two more fields. Stick to the hedgeline, then out through the alley.
68.6km	Turn right onto the road. Follow the road round to the left towards Burton Overy. At a small grass triangle, turn left and turn up the road, past the houses to the very top, taking the gate to the left of the cow field. Cross the field and then take the double stile at the top, following the edge of the next field and over the stile at the far end. Cross another stile and stick to the field edge, heading through the gap in the hedge and turning to the left, around the field edge. Turn left over the wooden bridge. Stay on the track, bearing right past the barns and continue on this main track, turning left at the next field edge and heading over the stile. Stick to the hedgerow and cross the stile to the left at the end of the field. Cross the sheep field and head through the gate at the other side. Two more sheep fields, both with gates at the end. Turn right onto the road.
73.1km	<ul> <li>Run down towards Kibworth Harcourt, turning left at the junction.         Take the next road to the right (Signposted Kibworth Beauchamp). At the top of this road, take the staggered crossroads, heading straight across down Church Road. Please take extra care when crossing the main road. At the roundabout, stay right, following the High     </li> </ul>



	Street until you reach the Kibworth Scouts & Guides Headquarters. This is where CP6 is located. Take the footpath to the left just past this building by the bus stop.
74.8km	This will open out into the bottom of the park. Continue along the path through the fields – gate, horse field, stile, bridge, field, stile, field, stile, across the road, onto the footpath, gate, field, stile, field, stile! Mind your head along the footpath as there is a low tree branch here, and across another stile.
75.8km	• Turn left onto the road, and where the road bends round to the left, turn right onto the footpath. Head through the gate, across the field, through another gate, into a sheep field, through one more gate and then turn right to head to the far end of the field where there is a double stile. Bear slight right towards the middle of the fence into the next field. Stile, bridge, stile. Head through the cow field to the bottom far corner, leaving by another stile, bridge, stile. Head towards the slight mound and over the bridge and into the field the other side, keeping to the left hand edge. Take the stile to the right of the white house. Keep to the left of the field and over the stile at the end.
78.1km	Turn right onto the road, turning left over the bridge and stile signed Foxton. Head through the gate, over the bridge and into the cow field, heading towards the farm buildings. Go over the stile, across the yard and through the gate on the other side. Turn right around the field edge (as per the landowner's directions), following the field edge into the next field and turning left.
79.4km	Go up the steps and over the canal bridge, turning right. Cross the next bridge (62 Rainbow Bridge) and stick to the right of the locks. Take the next bridge after passing the horse statue and continue along the left hand side of the canal. Turn left and leave the canal path after going underneath bridge #57.
81.8km	Turn right over the stile into the field, cross the field, stile, bridge, stile. Turn left and immediately over another stile. Turn right to the bottom edge of the field and cross the stile, heading straight across the next field. Cross the bridge and stile, and following field. At the bottom of the field go through the gap and through the gap in the hedge the other side. Head up the hill towards the yellow footpath post at the top. Pass through the tank yard and down the drive.
83.6km	Cross the busy road, taking care, heading through the gateway on the other side. Follow the track round to the right, taking the footpath when it continues straight on through the trees. Head over the stile and stick to the right through the cow field, over the stile and through the yard. Turn right at the road.
84.6km	Take the next left, and then the next left turn as well, keeping on the road.



86.8km	Take the footpath to your right, over the stile. Cross through this field and go over the stile and footbridge at the far end of the field, crossing into the next field. At the far end of this field leave via the slope out onto the track. Continue straight ahead up the hard standing track until you reach the very top of the hill.
88.2km	<ul> <li>Here, cross through the middle of the field, climbing over the stile at the far side into the sheep field. Keep to the right of the clump of trees in front of you, bearing slightly left after reaching them. Pass the hedgerow on your right, before bearing left towards the edge of the field, keeping the clump of small trees on your left. Climb this stile and turn right, running across the middle of the field. Cross the footbridge and stile, before turning left onto the road, running into Sibbertoft.</li> </ul>
89km	<ul> <li>Turn right opposite the phone box onto Berkeley Street. Sibbertoft Reading Room (Checkpoint 3A) is near the end of this road on the left hand side. Turn left onto the footpath when leaving the checkpoint, passing the bench and bin, before following the footpath and road round to the left. Follow this road heading towards Clipston. On the sharp left hand bend, take the bridleway to the right.</li> </ul>
89.8km	Follow the track right past the house. Turn right onto the footpath just before 'Permissive footpath – OPEN – CLOSED' sign. Run along the track until you reach the next field. Head straight through the middle of the next three fields. Turn right at the end of this field and remain on the grass track at the edge of the field. At the end, turn left and cross through the bottom of the field and into the woodland. Stay on the main track through the woodland until you reach another track. Stay on this track until you reach the road, where you need to turn right.
92.5km	• Almost opposite where the track reached the road, there is a gate. Here you need to turn left and follow the footpath through the sheep field. Exit the field via the gate, cross the road, and then go through the gate directly opposite. Cross this small field, go through the gate and over the stream in the next field. Keep the stream on your right until you reach the far side, going over the wooden slats into the next field. Head over the concrete bridge and go through the gate. Stick to the edge of this field, heading over the stile at the far end. Halfway along the edge of this field, bear slight right, crossing the stile into another sheep field. Head towards the barns, crossing the stile into a further sheep field. Bear left when the grassy area opens out into a much larger field, crossing another stile at the bottom of the field. Head towards the gate and stile on the opposite side of the field from the one you came in on. Go over the double stile here. Go straight across the field and over another double stile. Through



	one last field and over a stile, which leads you along a small footpath and out onto the road.
94.7km	Turn right at the road, quickly then turning left onto Church Lane.  Turn left onto West End and follow this road right out of the village.
95.8km	<ul> <li>At the crossroads, go straight over, heading towards Hemploe Business Park. Go over four speed bumps, and remain on this road until it turns into a dirt track.</li> </ul>
97.3km	Go right through the gate signposted 'Jurassic Way'. Go across the first field, through the gate at the top, across the road and gate the other side and then up into Hemplow Hills. Pass through a gate to reach the woodland. Follow the main track all the way through the wood and then down a steep, narrow track out the other side. Run across the field at the bottom of the wood, over the concrete road and across the following field.
98.5km	Go through the metal kissing gate and turn right onto the road, heading over the bridge and turning left onto the canal path signposted 'Jurassic Way'. Take great care along the canal path as the track is narrow in some places and the terrain uneven. Please also be aware of lower branches out along this section. Leave the canal path using the steps to the side of bridge #28.
100.7km	<ul> <li>Turn left at the road, running over the bridge. Turn right at the grass triangle towards Winwick. Follow this road round, first right, then left, then continue following this road up the hill. At the top of the hill the road continues as a byway. Follow this byway (which later turns into road) down towards Winwick, keeping to the right at all turns, heading into the final field, up the final hill and down to the finish!</li> </ul>

