Distance:	Instructions:
0km	<ul> <li>From the start, follow the road alongside Winwick Hall, bearing left after 50 yards.</li> </ul>
0.3km	<ul> <li>Turn left at the T-Junction signed 'West Haddon gated road'.</li> <li>Continue past the alpaca field and through the gate onto the road which crosses the livestock field.</li> </ul>
1km	<ul> <li>After passing through the next gate, turn 45° left onto the footpath which crosses the field. Cross over the main farm track and continue up towards the hill. Pass through two kissing gates and underneath the A428.</li> </ul>
1.9km	<ul> <li>Through a kissing gate into the cow field. Keep to the right hand side of this field until you reach the kissing gate at the far side.</li> <li>Cross through this kissing gate and continue straight on, following the track round onto the main road through West Haddon.</li> </ul>
2.5km	<ul> <li>Turn left once you reach the road. Take the first exit at the first mini roundabout. Turn right onto Old Forge Drive at the next mini roundabout. Follow Old Forge Drive through the housing estate, taking the footpath which runs to the right of house #73.</li> </ul>
3.3km	<ul> <li>Head out through the playpark and take care crossing the A428.         Once you reach the field on the opposite side of the road, turn left and keep to the edge of the field. At the opposite end of the field, pass into the next field and turn right. Run to the very bottom of the hill (running past two more fields) and then turn left with the field edge to your right hand side.     </li> </ul>
4.4km	<ul> <li>Take the bridge crossing on your right. Go through the kissing gate and turn to the right. Run along the edge of the field until you reach another kissing gate. Head through and turn to the right again.</li> </ul>
4.8km	<ul> <li>At the far end of the narrow path, cross the bridge (minding your head!) Turn right and run along the edge of the fields. The one you came out part-way along, and two more.</li> </ul>
5.7km	<ul> <li>Once you reach the final field, take the footpath which is at a 45° angle to your left. This will bring you out at the far end of the field at a bridge. Cross the bridge and continue straight up the hill in front of you.</li> </ul>
6.2km	<ul> <li>After passing an old barn, bear left and then right, onto a hardstanding track. Follow the track as it heads steeply downhill, then back uphill, followed by another small downhill. Where the main track bends to the left, continue straight on, using the field edge. This will bring you out onto the road, where you need to turn right.</li> </ul>
7.2km	<ul> <li>At the T-Junction, turn right towards Ravensthorpe. Bear left at the grassy triangle, past Coton Manor Garden Car Park. Turn left at the next grassy triangle.</li> </ul>



8.5km	<ul> <li>At the crossroads, head over the stile directly opposite the road you have come from. Cut across the field to run down the right hand side of the field to the very bottom. Take the stile to the right and then cross the following field to reach another stile. Turn left after the stile and run down to Hollowell Village Hall where Checkpoint 1 is based.</li> </ul>
9.1km	<ul> <li>Continue running past CP1 and turn left once you reach the road.</li> <li>Take the road to the right at the bottom of the hill, past The Green with the thatched clock tower.</li> </ul>
9.7km	<ul> <li>Follow the road up the slight hill. Where the road bends to the right, take the footpath to the left of the playpark. At the top of this footpath, take great care crossing the Welford Road.</li> </ul>
10.6km	<ul> <li>Cross the stile at the other side of the road, continue across the field and then go through the following kissing gate. Run across the following field. At the far side you will go through another kissing gate, over a bridge, cross the track and then over another stile.</li> </ul>
11.1km	<ul> <li>Turn 45° to the right, cutting off the bottom of the field and then running along the hedgeline. At the bottom of the field, cross the bridge and stile and turn left. Cross another stile into the sheep field. Follow the hedgeline, heading to the right of the house by the road.</li> </ul>
11.9km	<ul> <li>Head through two gates out onto the road and turn right, following the road through Cottesbrooke. Take the left turn signed to Brixworth.</li> </ul>
13.3km	<ul> <li>Turn left onto the byway by some barns. Follow the track towards a small wooded area. Once you reach the woods, take the right turn and continue to follow the track until you reach a small car park on the Brampton Valley Way.</li> </ul>
16.5km	<ul> <li>Turn left onto the Brampton Valley Way. Follow the Brampton Valley Way for approximately 5.3 miles, taking care when reaching the Spratton, Lamport and Draughton road crossings. Checkpoint 2 can be found part-way along this stretch, near to the Kelmarsh Tunnel car park.</li> </ul>
24.9km	<ul> <li>Once you reach the footpath sign marking Clipston as being 1½ miles, leave the Brampton Valley Way. Head down through the gate and turn left towards the road. Go through the gate and take care crossing the Harborough Road. Follow the road into Clipston.</li> </ul>
27.4km	<ul> <li>Take the footpath to your right just past the playpark. Head through the kissing gate and following the track through the middle of the field. Head through another kissing gate and up the hill. As you reach the village, head through another kissing gate and turn left onto the pavement.</li> </ul>
27.8km	Turn right up the drive just after the white house. At the top of the drive take the steps and head through the kissing gate. Head to the



	right of the pond and exit this field via the kissing gate. Stay at the top end of this field, leave via the kissing gate and turn right out onto the road.
28.2km	<ul> <li>Bear left at the grassy triangle, then turn right at the next footpath sign which takes you across a bridge. Cross the first sheep field, then bear slightly left up the hill through the next sheep field.</li> </ul>
29.1km	<ul> <li>Head over the stile at the top left hand corner of the field and turn right onto the road. Follow the road down the hill until you reach where the Jurassic Way footpath crosses the road.</li> </ul>
31km	<ul> <li>Take the footpath to the left, over the stile. Cross through this field and go over the stile and footbridge at the far end of the field, crossing into the next field. At the far end of this field leave via the slope out onto the track. Continue straight ahead up the hard standing track until you reach the very top of the hill.</li> </ul>
32.4km	<ul> <li>Here, cross through the middle of the field, climbing over the stile at the far side into the sheep field. Keep to the right of the clump of trees in front of you, bearing slightly left after reaching them. Pass the hedgerow on your right, before bearing left towards the edge of the field, keeping the clump of small trees on your left. Climb this stile and turn right, running across the middle of the field. Cross the footbridge and stile, before turning left onto the road, running into Sibbertoft.</li> </ul>
33.2km	Turn right opposite the phone box onto Berkeley Street. Sibbertoft Reading Room (CP3A) is near the end of this road on the left hand side. Turn left onto the footpath when leaving the checkpoint, passing the bench and bin, before following the footpath and road round to the left. Follow this road heading towards Clipston. On the sharp left hand bend, take the bridleway to the right.
34km	Follow the track right past the house. Turn right onto the footpath just before 'Permissive footpath – OPEN – CLOSED' sign. Run along the track until you reach the next field. Head straight through the middle of the next three fields. Turn right at the end of this field and remain on the grass track at the edge of the field. At the end, turn left and cross through the bottom of the field and into the woodland. Stay on the main track through the woodland until you reach another track. Stay on this track until you reach the road, where you need to turn right.
36.7km	<ul> <li>Almost opposite where the track reached the road, there is a gate. Here you need to turn left and follow the footpath through the sheep field. Exit the field via the gate, cross the road, and then go through the gate directly opposite. Cross this small field, go through the gate and over the stream in the next field. Keep the stream on your right until you reach the far side, going over the wooden slats into the next field. Head over the concrete bridge and go through the gate. Stick to the edge of this field, heading</li> </ul>



	over the stile at the far end. Halfway along the edge of this field, bear slight right, crossing the stile into another sheep field. Head towards the barns, crossing the stile into a further sheep field. Bear left when the grassy area opens out into a much larger field, crossing another stile at the bottom of the field. Head towards the gate and stile on the opposite side of the field from the one you came in on. Go over the double stile here. Go straight across the field and over another double stile. Through one last field and over a stile, which leads you along a small footpath and out onto the road.
38.9km	Turn right at the road, quickly then turning left onto Church Lane.  Turn left onto West End and follow this road right out of the village.
40km	At the crossroads, go straight over, heading towards Hemploe     Business Park. Go over four speed bumps, and remain on this road     until it turns into a dirt track.
41.5km	Go right through the gate signposted 'Jurassic Way'. Go across the first field, through the gate at the top, across the road and gate the other side and then up into Hemplow Hills. Pass through a gate to reach the woodland. Follow the main track all the way through the wood and then down a steep, narrow track out the other side. Run across the field at the bottom of the wood, over the concrete road and across the following field.
42.7km	Go through the metal kissing gate and turn right onto the road, heading over the bridge and turning left onto the canal path signposted 'Jurassic Way'. Take great care along the canal path as the track is narrow in some places and the terrain uneven. Please also be aware of lower branches out along this section. Leave the canal path using the steps to the side of bridge #28.
44.7km	<ul> <li>Turn left at the road, running over the bridge. Turn right at the grass triangle towards Winwick. As the road bends round to the right, take the footpath straight ahead, signposted 'Jurassic Way'. Follow this footpath between the horse fields and through the gate before heading to the left up towards Honey Hill.</li> </ul>
46.6km	<ul> <li>At the top of Honey Hill, turn right when you reach the road. Take the next right along the track signposted Jurassic Way. Follow this track down the hill, to the gate to the left of the cattle grid and through a small gate alongside some trees. Take the gate into the crop field and run through the middle to the other side. Head up a short, but steep ascent and to the far end of the next field. Continue following the field edges until you reach the hard standing byway track.</li> </ul>
49km	<ul> <li>Turn right upon hitting the track and follow this track right the way back to the finish at Winwick Hall, keeping left when you reach the junction.</li> </ul>



