



FOXTON HOUND ULTRA

SUPPORTER GUIDE

SATURDAY, 16TH AUGUST 2025

A huge thank you to everyone who intends to help support/crew/pace runners through to the finish of the Foxton Hound Ultra on race day.

You are welcome to support and crew your runners out on the course at any point, **except in the villages of Cottesbrooke and Elkington, and at the Elkington Water Station.** To ensure the continued support of landowners at these locations it is essential that this guidance is followed. The event passes through a number of small villages and we ask that you are mindful of those living in the surrounding area when looking for suitable parking locations. There are no road closures on course, but please be mindful that if you are heading out to support your runner on course you may be driving along parts of the route at some points, and runners may be running along the road, so please take care.

We ask that you do not interfere with any of the volunteers on the checkpoint. Their priority is to ensure the safety of the runners in the event, and at times checkpoints can get rather busy so we ask that you do not approach the checkpoints (unless you are pacing a runner). The volunteers need to ensure that their full focus is on the runners and that they are able to support them.

If you find that you enjoy supporting and would like to learn more about becoming part of our fantastic volunteer team at a future event, then please [get in touch](#).

Please read through this guide thoroughly to ensure that you and your runners have a great day, and do not hesitate to [ask if you have any further questions](#) at all.

We look forward to seeing you on race day!

~Mary Pearson

(Race Director)



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THE ROUTES:

It is a good idea to plan ahead and know where you are going to see your runner on course. If you are crewing you will want to share this information with your runner before race day, so that they can plan their race accordingly. You can find copies of the routes here:

[50k Foxton Hound Ultra route](#)

[100k Foxton Hound Ultra route](#)

SPECTATING:

Runners always appreciate extra support at a race. Don't underestimate how much joy seeing a friendly face out on the course can bring!

Ways you can encourage your runner out on course:

- Create a motivational sign or banner
- Ring a cowbell / whistle
- Shake a tambourine or maracas
- Cheer and clap loudly

Some suggested locations to support your runner at are:

- [Draughton Crossing Car Park](#) (20.2k)
- [Clipston Recreation Ground](#) (27.4k) **50k only**
- [Smeeton Road Park, Kibworth Beauchamp](#) (75k) **100k only**
- [Winwick Hall](#) (50k / 103.9k) **the finish!**

There are a number of pubs on the 100k route which runners will pass where you might like to stop for a drink or food and to cheer your runner on:

- [The Swan, Braybrooke](#) (30.7k)
- [The White Horse Inn, Stoke Albany](#) (36.8k)
- [Wheel & Compass, Weston by Welland](#) (43.8k)
- [The Fox Inn, Hallaton](#) (49.6k)
- [The Queen's Head, Billesdon](#) (62.2k)



CREW:

A good crew can make a runner's race. If it's a hot day, you can bring your runner ice cubes or ice lollies. Perhaps they're craving something not on the checkpoints, or have dietary requirements meaning they can't access the food provided. Crew can have alternative footwear for an indecisive runner, or a change of clothes or kit if required.

PACING:

One pacer per runner is permitted from Checkpoint 5 (Billesdon) onwards. Pacers must join at a checkpoint, and must not carry any equipment for their runner. As a pacer, you are there as support, a friendly face and perhaps the voice of reason when required! If you are pacing a runner in the race, you are welcome to help yourselves to any nutrition from the



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checkpoints on course. You do not need to register with us at Race Harborough, but instead will be the responsibility of the registered runner.



TRACKING YOUR RUNNER:

You will be able to see updates for the runners using [this tracker](#) (link will be added during race week). Via this link you will be able to see when runners cross timing mats at the following locations:

50k route: Start, CP3a and Finish

100k route: Start, CP4, CP7 and Finish

NUMBER	ROUTE	AID STATION/CHECKPOINT NAME	MAP LINK	CUT OFF
START	<i>Both</i>	Winwick Hall, Winwick	Google Map link	-
CP3a - 33.4k / 20.8m	<i>50k</i>	Sibbertoft Reading Room, Sibbertoft	Google Map Link	-
CP4 - 49.4k / 30.7m	<i>100k</i>	Stenning Hall, Hallaton	Google Map Link	15:34
CP7 - 89.3k / 55.5m	<i>100k</i>	Sibbertoft Reading Room, Sibbertoft	Google Map Link	22:43
100k FINISH – 104.7k / 64.6m	<i>100k</i>	Winwick Hall, Winwick	Google Map link	1:00, Sun
50k FINISH - 50k / 31.1m	<i>50k</i>	Winwick Hall, Winwick	Google Map link	17:00



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SOCIAL MEDIA:

Please follow the Race Harborough accounts on social media and share your photos and videos from the race using the hashtag #FoxtonHoundUltra.

Facebook: <https://www.facebook.com/RaceHarborough>

Instagram: <https://www.instagram.com/raceharborough/>

UPCOMING RACE HARBOROUGH EVENTS:



Clipston Trail Half / 5 miler
Sunday 21st Sept
Half marathon / 5 miles
<https://raceharborough.co.uk/clipston-trail-half/>



Festival of Cycling
Sunday 28th Oct
20k, 50k or 100k road / 40k or 70k offroad
<https://raceharborough.co.uk/cycling/>



Irchester Spooktacular
Thursday 30th Oct
2k / 5k night time run
<https://raceharborough.co.uk/irchester-spooktacular/>



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