

## Overall Results

Pos	Bib	Name	M/F	AG	Club	Time	Chip
<b>10km</b>							
1.	84	Ned Gilford	M (1st)	MSen (1st)	Rugby & Northampton AC (2nd)	40:35	40:35
2.	158	Isaac Walter	M (2nd)	MSen (2nd)	Northampton Road Runners (2nd)	41:47	41:46
3.	148	James Southall	M (3rd)	MSen (3rd)	Rugby & Northampton AC (3rd)	42:16	42:16
4.	100	Darren Impey	M (4th)	M50 (1st)	Daventry Road Runners (1st)	42:26	42:26
5.	160	Sam Ward	M (5th)	MSen (4th)	Sphinx AC (1st)	43:59	43:58
6.	88	Jono Hamilton	M (6th)	M40 (1st)	()	46:14	46:12
7.	67	Josh Eyles	M (7th)	MSen (5th)	()	48:41	48:33
8.	81	Liam Franklin	M (8th)	MSen (6th)	()	49:06	49:03
9.	108	Alice Lee	F (1st)	FSen (1st)	()	50:33	50:32
10.	72	Struan Farr	M (9th)	MSen (7th)	()	50:58	50:58
11.	71	Martin Farr	M (10th)	M50 (2nd)	()	50:59	50:47
12.	74	Joanna Fitch	F (2nd)	FSen (2nd)	()	52:14	52:07
13.	104	Nick Joyner	M (11th)	M40 (2nd)	Fetch Everyone (1st)	52:27	52:25
14.	101	Jack Ingham	M (12th)	MSen (8th)	Daventry Road Runners (2nd)	52:35	52:33
15.	171	Paul Wiseman	M (13th)	MSen (9th)	()	53:03	53:01
16.	38	Arnhem Bezuidenhout	M (14th)	M40 (3rd)	()	53:22	53:19
17.	66	Jonathan Evans	M (15th)	M50 (3rd)	()	53:26	53:25
18.	140	Beth Rushton	F (3rd)	F40 (1st)	()	54:02	53:57
19.	61	Christine Dimech	F (4th)	F40 (2nd)	()	54:25	54:22
20.	157	Kevin Walpole	M (16th)	M50 (4th)	Northampton Road Runners (3rd)	54:48	54:42
21.	116	Dan Luck	M (17th)	MSen (10th)	()	55:37	55:34
22.	143	Craig Smith	M (18th)	M60 (1st)	Wellingborough & District AC (2nd)	55:56	55:54
23.	144	David Smith	M (19th)	MSen (11th)	()	56:01	55:53
24.	42	Jason Bishop	M (20th)	M40 (4th)	()	56:28	56:16
25.	113	Adam Longley	M (21st)	M40 (5th)	()	56:45	56:43
26.	110	Rachel Lewis	F (5th)	FSen (3rd)	Northampton Road Runners (4th)	56:47	56:41
27.	85	Katie Gravestock	F (6th)	FSen (4th)	()	57:51	57:35
28.	87	Luci Gregory	F (7th)	F40 (3rd)	()	58:35	58:27
29.	172	Felix Woolf	M (22nd)	MSen (12th)	()	58:42	58:31
30.	103	Dave Johnson	M (23rd)	M60 (2nd)	Kings Heath RC (The Lions) (1st)	59:17	59:11
31.	138	Tony Reeves	M (24th)	M50 (5th)	()	59:34	59:30
32.	120	Terri Martin	F (8th)	FSen (5th)	Northampton Road Runners (5th)	1:00:43	1:00:30
33.	133	David Pautsch	M (25th)	M50 (6th)	()	1:00:52	1:00:46
34.	105	Russell King	M (26th)	M40 (6th)	()	1:00:56	1:00:52
35.	102	Matthew James	M (27th)	MSen (13th)	()	1:01:14	1:01:03
36.	46	Brendan Brannigan	M (28th)	MSen (14th)	()	1:01:29	1:01:23
37.	35	Chris Bennet	M (29th)	MSen (15th)	()	1:01:37	1:01:31
38.	125	Darren Mills	M (30th)	MSen (16th)	Northampton Road Runners (6th)	1:02:01	1:01:51
39.	152	Paul Tatman	M (31st)	M50 (7th)	Finedon Gladstones (1st)	1:02:46	1:02:43
40.	126	Alison Moffatt	F (9th)	FSen (6th)	()	1:03:08	1:03:00
41.	97	Louise Humphrey	F (10th)	F60 (1st)	Paws 4 Running (1st)	1:03:43	1:03:36
42.	128	Zoe Morling	F (11th)	FSen (7th)	Northampton Road Runners (7th)	1:03:59	1:03:48
43.	98	Dean Humphreys	M (32nd)	M50 (8th)	Northampton Road Runners (8th)	1:04:10	1:04:00
44.	76	Ellie Flinton	F (12th)	FSen (8th)	()	1:04:15	1:04:11

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45.	63	Deborah Duncan	F (13th)	F50 (1st)	()	1:04:58	1:04:47
46.	163	Joe Wild	M (33rd)	MSen (17th)	()	1:05:01	1:04:43
47.	68	Mia Eyles	F (14th)	FSen (9th)	()	1:05:01	1:04:42
48.	45	Laurence Boyle	M (34th)	M50 (9th)	()	1:05:15	1:04:51
49.	48	Neil Burgess	M (35th)	M50 (10th)	Wootton Road Runners (1st)	1:05:33	1:05:29
50.	115	Dominic Lowry	M (36th)	M40 (7th)	Finedon Gladstones (2nd)	1:05:37	1:05:27
51.	136	Richard Plunkett	M (37th)	M60 (3rd)	Acre Street Runners (1st)	1:05:48	1:05:40
52.	129	David Moscrop	M (38th)	M40 (8th)	()	1:06:14	1:06:01
53.	134	Zoe Pickering	F (15th)	FSen (10th)	Northampton Road Runners (9th)	1:06:25	1:06:16
54.	43	Sarah Bland	F (16th)	F40 (4th)	()	1:06:31	1:06:15
55.	93	Nicola Heron	F (17th)	F40 (5th)	Rugby & Northampton AC (4th)	1:07:19	1:07:08
56.	69	Paul Fairhurst	M (39th)	M50 (11th)	()	1:07:36	1:07:31
57.	80	Leah Fowdrey	F (18th)	FSen (11th)	()	1:08:15	1:08:02
58.	59	Kevin Denford	M (40th)	M40 (9th)	()	1:08:36	1:08:28
59.	70	Jodie Farr	F (19th)	F50 (2nd)	()	1:08:40	1:08:28
60.	58	Jody Denford	F (20th)	FSen (12th)	()	1:08:44	1:08:36
61.	41	Duncan Bisatt	M (41st)	M60 (4th)	Northampton Road Runners (10th)	1:08:53	1:08:45
62.	111	Sue Lewis	F (21st)	F50 (3rd)	Northampton Road Runners (11th)	1:09:10	1:09:02
63.	50	Ashleigh Butcher	F (22nd)	FSen (13th)	()	1:09:25	1:09:18
64.	168	James Wilson	M (42nd)	MSen (18th)	()	1:09:25	1:09:18
65.	166	Rebecca Williams	F (23rd)	F40 (6th)	()	1:09:28	1:09:09
66.	137	Kim Pusey	F (24th)	F50 (4th)	Wootton Road Runners (2nd)	1:09:31	1:09:26
67.	54	Emily Clarke	F (25th)	FSen (14th)	Northampton Road Runners (12th)	1:09:45	1:09:29
68.	60	Jon Dilworth	M (43rd)	M70 (1st)	()	1:09:48	1:09:30
69.	176	Dawn Yorke	F (26th)	F60 (2nd)	Northampton Road Runners (13th)	1:10:06	1:09:51
70.	131	Caroline Owers	F (27th)	F60 (3rd)	Northampton Road Runners (14th)	1:10:06	1:09:58
71.	154	Mark Taylor	M (44th)	M50 (12th)	()	1:10:07	1:10:00
72.	51	Aidan Byrne	M (45th)	MSen (19th)	()	1:10:11	1:09:59
73.	47	Claire Bryden	F (28th)	F50 (5th)	Harborough Athletic Club (1st)	1:10:16	1:10:07
74.	153	Clare Taylor	F (29th)	F50 (6th)	Sphinx AC (2nd)	1:10:49	1:10:42
75.	155	Roger Taylor	M (46th)	M50 (13th)	Northampton Road Runners (15th)	1:11:05	1:10:55
76.	124	Mike Mcgillion	M (47th)	M50 (14th)	()	1:11:21	1:11:10
77.	99	John Huxley	M (48th)	MSen (20th)	()	1:11:41	1:11:26
78.	64	Robin Easton	M (49th)	MSen (21st)	()	1:11:41	1:11:26
79.	121	Niall Mathers	M (50th)	MSen (22nd)	()	1:11:54	1:11:49
80.	90	Jennifer Harding-kirk	F (30th)	FSen (15th)	()	1:11:55	1:11:48
81.	156	Denise Tenney	F (31st)	F50 (7th)	()	1:12:03	1:11:50
82.	123	Chris May	M (51st)	M50 (15th)	Crohn's & Colitis UK (1st)	1:12:18	1:12:09
83.	36	Chantelle Bentley	F (32nd)	F40 (7th)	Northampton Road Runners (16th)	1:12:44	1:12:44
84.	151	Debra Tame	F (33rd)	F50 (8th)	Northampton Road Runners (17th)	1:12:49	1:12:36
85.	107	Sharon Lantsbery	F (34th)	F50 (9th)	()	1:13:12	1:13:07
86.	62	Robert Donovan	M (52nd)	M50 (16th)	()	1:13:33	1:13:17
87.	55	Dom Coleman	M (53rd)	MSen (23rd)	Wellingborough & District AC (3rd)	1:13:35	1:13:24
88.	82	Patrick Friel	M (54th)	M50 (17th)	()	1:14:19	1:14:15
89.	109	Joanna Letts	F (35th)	F50 (10th)	Northampton Road Runners (18th)	1:14:40	1:14:26
90.	86	Matt Gravestock	M (55th)	M50 (18th)	()	1:14:55	1:14:38
91.	150	Sue Summers	F (36th)	F60 (4th)	Northampton Road Runners (19th)	1:15:05	1:14:50

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92.	112	Daniel Lloyd	M (56th)	M50 (19th)	()	1:15:17	1:15:14
93.	40	Henry Bird	M (57th)	MSen (24th)	()	1:15:29	1:15:14
94.	89	Carrie Hamilton-gibbs	F (37th)	F50 (11th)	Daventry Road Runners (3rd)	1:16:27	1:16:16
95.	106	Neil Lantsbery	M (58th)	M50 (20th)	()	1:16:33	1:16:27
96.	132	Gareth Page	M (59th)	M40 (10th)	()	1:17:32	1:17:26
97.	161	Anthony White	M (60th)	MSen (25th)	()	1:17:59	1:17:55
98.	65	Kristian Edwards	M (61st)	M40 (11th)	()	1:18:01	1:17:56
99.	52	Michael Byrne	M (62nd)	MSen (26th)	()	1:18:13	1:18:01
100.	174	Sadie Woolf	F (38th)	FSen (16th)	()	1:18:30	1:18:19
101.	83	Sally Furniss	F (39th)	F50 (12th)	()	1:18:52	1:18:44
102.	141	Juliet Savill	F (40th)	F50 (13th)	()	1:18:52	1:18:45
103.	117	Elizabeth Martin	F (41st)	F40 (8th)	()	1:20:57	1:20:42
104.	139	Mel Ridley	M (63rd)	M60 (5th)	()	1:21:09	1:20:57
105.	91	Sara Hatch	F (42nd)	F50 (14th)	()	1:21:10	1:20:55
106.	135	Claire Plunkett	F (43rd)	F50 (15th)	Acre Street Runners (2nd)	1:21:31	1:21:24
107.	167	Heather Wilson	F (44th)	F40 (9th)	()	1:23:48	1:23:32
108.	92	Karen Hearne	F (45th)	F50 (16th)	()	1:23:48	1:23:33
109.	33	Debbie Azam	F (46th)	F50 (17th)	Danetre Striders (1st)	1:24:24	1:24:10
110.	146	Julie Smith	F (47th)	F50 (18th)	Danetre Striders (2nd)	1:24:49	1:24:35
111.	169	Rachael Wilson	F (48th)	FSen (17th)	()	1:25:33	1:25:24
112.	170	Richard Wilson	M (64th)	M40 (12th)	()	1:25:33	1:25:24
113.	145	Haden Smith	M (65th)	M40 (13th)	Nuneaton Harriers (1st)	1:27:05	1:26:54
114.	159	Jane Ward	F (49th)	F60 (5th)	Northbrook AC (1st)	1:27:05	1:26:56
115.	53	Julie Cheah	F (50th)	F60 (6th)	Redway Runners (2nd)	1:29:27	1:29:15
116.	147	Annette Smyth	F (51st)	F50 (19th)	Redway Runners (3rd)	1:29:27	1:29:16
117.	44	Helen Blucher-altona	F (52nd)	F60 (7th)	Redway Runners (4th)	1:29:27	1:29:14
118.	37	Nikki Bentley	F (53rd)	FSen (18th)	()	1:31:58	1:31:54
119.	114	Catherine Lowry	F (54th)	FSen (19th)	Finedon Gladstones (3rd)	1:33:21	1:33:11
120.	34	Val Bedwell	F (55th)	F60 (8th)	()	1:34:05	1:34:01
121.	130	Alexandra Newport	F (56th)	FSen (20th)	()	1:37:25	1:37:14
122.	165	Paul Williams	M (66th)	M50 (21st)	()	1:38:58	1:38:38
123.	200	Adie Williams	F (57th)	F40 (10th)	Daventry Road Runners (4th)	1:39:16	1:38:46

## 5km

1.	177	Matthew Burtenshaw	M (1st)	MSen (1st)	()	21:22	21:20
2.	198	Jake Wilkinson	M (2nd)	MSen (2nd)	()	21:36	21:34
3.	181	Isaac Emerson	M (3rd)	U15B (1st)	()	23:08	23:05
4.	183	Mara Hamilton	F (1st)	U15G (1st)	Rugby & Northampton AC (1st)	23:14	23:13
5.	179	Amelie Crawford	F (2nd)	U15G (2nd)	Ely Runners (1st)	23:34	23:34
6.	182	Melissa Emerson	F (3rd)	F40 (1st)	()	23:59	23:57
7.	187	Nicola Mccann	F (4th)	F40 (2nd)	Corby AC (1st)	25:23	25:19
8.	186	Roy Machingura	M (4th)	MSen (3rd)	Grow Wild Outreach (1st)	25:52	25:37
9.	193	Jack Skevington	M (5th)	U15B (2nd)	Grow Wild Outreach (2nd)	25:52	25:38
10.	199	Katie Wiseman	F (5th)	FSen (1st)	()	26:09	26:07
11.	192	Laura Senior	F (6th)	FSen (2nd)	Ely Runners (2nd)	26:19	26:17
12.	184	Mimi Hamilton	F (7th)	U15G (3rd)	()	28:23	28:21
13.	196	Paige Steel	F (8th)	FSen (3rd)	()	31:09	31:04

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14.	194	Liam Smith	M (6th)	MSen (4th)	()	31:11	31:06
15.	189	Emma Mortimore	F (9th)	FSen (4th)	()	31:54	31:51
16.	195	Amy Spour	F (10th)	FSen (5th)	()	33:17	33:13
17.	94	Jo Hewlett	F (11th)	F40 (3rd)	Northampton Road Runners (1st)	34:55	34:40
18.	180	Chloe Dickinson	F (12th)	FSen (6th)	()	35:03	34:44
19.	197	Carol Thompson	F (13th)	F70 (1st)	()	42:30	42:21
20.	190	Louise Page	F (14th)	F60 (1st)	Redway Runners (1st)	49:39	49:25

## 2km

1.	6	William Burtenshaw	M (1st)	U15B (1st)	()	08:01	08:01
2.	23	Toby Rushton	M (2nd)	U15B (2nd)	()	08:47	08:47
3.	127	Archie Langdon	M (3rd)	U15B (3rd)	Wellingborough & District AC (1st)	09:55	09:55
4.	31	Isabella Wiseman	F (1st)	U10G (1st)	()	10:26	10:26
5.	5	Isobelle Burtenshaw	F (2nd)	U15G (1st)	()	10:43	10:43
6.	21	Lilly Pautsch	F (3rd)	U10G (2nd)	()	10:53	10:53
7.	3	Aidan Brannigan	M (4th)	U10B (1st)	()	10:57	10:57
8.	9	Rose Denford	F (4th)	U15G (2nd)	()	11:27	11:27
9.	13	Jake Longley	M (5th)	U10B (2nd)	()	11:30	11:30
10.	22	Alice Rushton	F (5th)	U10G (3rd)	()	11:41	11:41
11.	11	Harper Iland	F (6th)	U10G (4th)	()	12:34	12:34
12.	28	Brody Southall	M (6th)	U10B (3rd)	()	13:20	13:20
13.	29	Mila Southall	F (7th)	U10G (5th)	()	13:21	13:21
14.	4	Euan Brannigan	M (7th)	U10B (4th)	()	13:49	13:49
15.	16	Roy Moffatt	M (8th)	U10B (5th)	()	14:25	14:25
16.	1	Olivia Bezuidenhout	F (8th)	U10G (6th)	()	14:46	14:46
17.	14	Koura Miller	F (9th)	U5G (1st)	()	15:09	15:09
18.	20	Noah O'sullivan	M (9th)	U5B (1st)	()	15:45	15:45
19.	12	Leo Iland	M (10th)	U5B (2nd)	()	16:10	16:10
20.	2	Jacob Bland	M (11th)	U10B (6th)	()	16:27	16:27
21.	15	Iris Moffatt	F (10th)	U10G (7th)	()	16:48	16:48
22.	32	Poppy Wiseman	F (11th)	U5G (2nd)	()	17:07	17:07
23.	17	Teddy Moffatt	M (12th)	U5B (3rd)	()	18:29	18:29
24.	18	Astrid Newport	F (12th)	U10G (8th)	()	18:56	18:56
25.	19	Samuel Newport	M (13th)	U10B (7th)	()	18:58	18:58
26.	30	Isabel Wilkinson	F (13th)	U10G (9th)	()	19:36	19:36

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